

Astro News

SMC plays key role as NMD test captures eyes of world

Capt. Colleen Lehne
Public Affairs

Amid protesters and unusually high media interest, Space and Missile Systems Center succeeded in its role in Friday's launch of an unarmed Minuteman II intercontinental ballistic missile from Vandenberg AFB.

The Target Launch Vehicle, part of the Ballistic Missile Defense Organization's National Missile Defense Program, successfully launched at 9:18 p.m. It carried a payload acting as a target for the Exoatmospheric Kill Vehicle, which was the interceptor "bullet" placed on a Minuteman II rocket booster and launched 20 minutes later from a small island 4,300 miles out in the Pacific.

SMC's Test and Evaluation Directorate, located at Kirtland AFB, N.M., manages the contract for the Target Launch Vehicle and was a key part of the launch team.

"This is the seventh successful launch we've accomplished for BMDO under this program," said Col. Dan Dansro, mission director for the launch and the deputy director for SMC/TE. "We will continue to support their needs and provide the target for this national program when called upon."

The purpose of the launch was to test the capability of intercepting an incoming ballistic missile with another missile.

This test, the third of its kind, was unsuccessful as a whole since the intercept did not occur. Preliminary analysis concluded that no separation occurred between the Payload Launch Vehicle booster rocket and the EKV.

This mission presented several unique challenges to all involved. Not only was the launch delayed two hours due to technical difficulties, but the launch team also had other unusual worries causing Vandenberg officials to heighten security on the 98,000-acre installation.

Protesters from the activist group Greenpeace were lined up at the Vandenberg AFB main gate days ahead of launch, and even tried to interfere with the launch by sending their marine vessel Arctic Sunrise into the clear zone out in the Pacific and by trespassing on the installation.

None of this frazzled the experienced team.

"The launch team, made up of SMC/TE, Detachment 9 and the 30th Space Wing, performed superbly under pressure," said Dansro.

"The technical problem with the batteries in the rocket's telemetry system was identified and normalized well within the launch window. Furthermore, despite the potential hazard, our team coordinated with the appropriate officials in the police department and the Coast Guard to ensure the mission was accomplished without compromising safety," Dansro said.

In all, Vandenberg officials reported apprehending and citing seven Greenpeace trespassers Friday afternoon before the launch.

Friday's miss follows another failure in January and a successful hit in October.

The National Missile Defense system is designed to protect the United States from a limited ICBM attack from a rogue nation. No decision has yet been made on whether to deploy the estimated \$60 billion NMD system, however.



Photo by Tom Rogers

A refurbished Minuteman II launches from Vandenberg AFB in support of NMD test Friday.



Photo by Terri Mathis

Fun at the Bash

Four-year-old Paul Hasegawa, right, son of Lt. Col. Ken Hasegawa, gives chase to his older cousin Timothy Sumida, 7, on the blow-up obstacle course at the Summer Bash. More Bash photos, page 8.

Base water quality up to par

The water supplied to Los Angeles AFB and Fort MacArthur is safe, according to base officials.

The three public water companies who service Los Angeles AFB have recently published their annual consumer confidence reports on the quality of water here. In each case, the water companies have determined they meet all state and federal drinking water standards.

Anyone interested in obtaining a copy of their reports can check the internet at the following sites: For base housing, the web site is: www.ladwp.com/water/quality. For Area A and

Lawndale Annex: www.aswater.com/Water_Quality_Reports.htm and for a report of Area B: www.mwd.dst.ca.us/index.htm.

Also, copies of the water companies' reports may be obtained at the Bioenvironmental Engineering Office located in Building 100, Room 2242, or by calling Senior Airman Chad Mayer at 363-2215. Additional information is also available on the Los Angeles AFB Home Page under 61ABG/Organizations/Med Squadron/Departments/Bioenvironmental Engineering, Medical Squadron Water Quality Reports.

— 61st Medical Squadron

Recovery time critical after deployments

Gen. Lester Lyles
AFMC Commander

With the Aerospace Expeditionary Force now in full execution, AFMC personnel are continuing to be called upon and serve in several regional contingency theaters. To relieve some of the stress associated with any long-term family separation, and in accordance with the Air Force Chief of Staff direction, I am reiterating the following policy which applies to a whole unit, partial unit or individual contingency deployment or extended temporary additional duty.

All AFMC active-duty military, upon

completion of a contingency deployment will be granted a period of recovery/reconstitution time. Returning members serving on a contingency deployment for a period of 6-11 weeks will receive a 4-day special pass in accordance with special pass instructions and three days of recovery/reconstitution time. When a member returns from serving a contingency deployment 12 weeks or longer, a 4-day special pass and 10 days of recovery/reconstitution time will be given. The intent of recovery/reconstitution time is to allow returning members to tend to personal and professional matters deferred while on temporary duty, and more importantly, to get reacquainted with family members.

The period of recovery/reconstitution time will be taken in the local area. Members leaving the local area must take leave. This period will begin as soon as possible, but no later than 72 hours after the completion of the deployment.

Long-term, nonschool, noncontingency TDY: commanders may grant active duty military members time off upon the completion of a long-term, nonschool, noncontingency TDY. This policy does not apply to a person attending formal training. This period will begin as soon as feasible, but no later than 72 hours after completion of the TDY. To participate, the TDY must be at least six consecutive weeks in length. Prior to any special pass,

individuals will report to their home unit.

For Air Force civilian employees, commanders are encouraged to implement the use of a liberal leave policy, allow time off for previously earned compensatory time or use of individual time off awards, if applicable.

Commanders and supervisors need to be aware of the stress placed on unit personnel who remain at the home station and provide relief programs they determine appropriate.

People are the Air Force's greatest asset. Commanders and supervisors need to ensure they are doing everything possible in this type of high operational tempo to relieve their stress.

AFMC doing well halfway through 'Critical Days'

Staff Sgt. Carl Norman
AFMC Public Affairs

Zero fatalities is what Air Force Materiel Command members have logged halfway through the 101 Critical Days of Summer, and command safety officials encourage people to keep the trend going.

People taking time to use risk management techniques, thinking about what might happen in any given situation and supervisors getting involved in that process are what's driving AFMC's safety train, according to John Russell, AFMC ground safety chief.

"Exercising personal risk management in everything we do, on and off duty, is the key to enjoying safe activities," Russell said. "If we soundly apply the six steps of risk management, we can be reasonably assured there will be no surprises."

The six steps Russell referred to are identifying hazards associated with a particular activity, assessing the impact each hazard has in relation to potential loss and severity, determining controls necessary to reduce or eliminate the hazards, making decisions as to accepting, avoiding or controlling the risk, following through to make sure appropriate controls are used and monitoring the situation and adjusting as necessary to keep things under control.

Take driving a vehicle for example. Using risk management techniques an individual would first consider the hazards such as weather and road conditions, traffic, impaired drivers, wildlife in the area and any unseen situations. After assessing the risk and analyzing the control

measures, that individual might want to check the weather and drive accordingly, listen to local radio stations for road conditions; and travel outside peak-travel times.

Russell also suggests keeping road rage caged, being ready for wildlife as animals can dart in front of your vehicle at any time, driving defensively and being cautious on unfamiliar roads. Of course, drinking and driving is not only illegal, it's dangerous as well. Checking into alternate methods of traveling and taking spare parts and tools on extended trips can help travelers be prepared for the unexpected.

If current trends continue, AFMC is on the road to its second zero-fatality year, according to Russell. The last AFMC fatalities were recorded in 1998 when two people drowned. The year before that, two individuals perished in private motor vehicle accidents.

Although AFMC is fairing well in the safety war, the Air Force as a whole isn't doing so well. Air Force safety officials said the service has experienced 10 fatalities. Of those, six involved four-wheel private motor vehicles, three involved motorcycles and one was a parachutist.

"We continue to lose precious Air Force members because they fail to follow the law and commonly accepted safety practices," Air Force safety officials said in a message to field units.

"We continue to see the same scenarios reappearing - lack of attention, thereby ending up in a head-on collision with on-coming traffic, loss of control due to high speed and failing to yield."

Everyone, including supervisors and managers, needs to continue to emphasize safety through the remaining 101 Critical Days of Summer, Russell said.

Action line 363-2255

The Action Line is your direct link to Col. David E. Price, 61st Air Base Group commander. Its purpose is to make Los Angeles AFB a better place. Below is a list of people to call if you have any issues that need to be addressed.



Base Exchange – David Clore	640-0129
Base IG – Lt. Col. John R. Woodcock	363-0802
Chaplain – Lt. Col. Gary Garvey	363-1956
Civil Engineering –	
Lt. Col. William Saunders	363-0287
Commissary – Al Cherry	363-6140
Comm. Sqd. – Maj. Lisa Hummler	363-0798
Equal Employment Opportunity Program Office –	
Leonard Gonzales	363-1565
Family Support Center – Tom Sanders	363-5365
Fraud, Waste and Abuse Hotline	363-2020
Housing – Jon M. VanHoose	363-8340
Logistics – Capt. Tam Elliott	363-0351
Medical – Col. Mark Wisniewski	363-5005
Mission Support –	
Lt. Col. Maureen Hurley	363-1230
Security Forces – Maj. Larry Bartlett	363-0032
Services – Gary Van Dusen	363-0430
Military Equal Opportunity Office –	
Capt. Elizabeth Vallery	363-2806
TRICARE	363-0261
24-hour Crime Stop	363-2124
Legal Office – Col. Scott Bagley	363-0916
Area Defense Counsel –	
Capt. Art Kirkpatrick	363-6776

Astro News

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Deadline for article submissions is Thursday, noon, the week before publication. Articles should be sent via e-mail to the editor or sent on disk. The mailing address is SMC/PAI, 2420 Vela Way, Suite 1467, El Segundo, Calif. 90245-4659.

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For advertising information or space reservations, call Gail at (661) 945-5634.

Submit articles to:

**SMC.PA.ASTRONEWS@
LOSANGELES.AF.MIL**

OR

**Call 363-0303 for more
information.**

News Briefs

SMC dining out set for Aug. 18

Tickets are now on sale for the 2000 SMC Dining Out, Aug. 18 at the Hyatt Regency Long Beach.

The event begins at 6 p.m. with a social hour, followed by dinner at 7 p.m. and dancing at 9:30 p.m. Dinner choices include Grilled Fillet Mignon, Chicken Moutarde, Seared Fillet of Salmon or Pasta Primavera. The dress attire is mess dress for military and black-tie for civilian.

Prices are as follows: E-1 to E-6, GS-6 and below, and Aerospace support, \$25; E-7 to E-9, \$30; O-1 to O-3, GS-7 to 11, and Aerospace Levels 1 and 2, \$40; O-4, O-5, GS-12 and up, and Aerospace Level 3 and up, \$45; and O-6 and up and contractors, \$55.

For more information or to purchase tickets, call Capt. Roberto Silva at 363-3246, Capt. Erik Bauer at 363-3418 or contact your unit dining out representative.

'Women & Oppression' seminar

The Black Employment Program Subcommittee will present a Lunch and Learn Seminar July 27 at 11:30 a.m. in Building 124, Room 1338. The guest will be Ms. Bridgette Williams who will speak on "How Women Experience Oppression." Please sign up by Thursday with Cheryl Scott at 363-1810 or Teri Mathis at 363-2027. Bring your lunch and dessert will be provided.

Space operators meet July 26

Det 1, HQ Air Force Space Command will meet July 26 at 3 p.m. in Building 100, room 1330, to share camaraderie and discuss life wearing the blue flight suit. All personnel who currently hold or will hold a 13S Air Force Specialty Code are invited to attend. Call Capt. Dan Weak at 363-1147 for more information.

Home Buying mystery revealed

The Housing Office will sponsor a Home Buying Seminar July 27 in the Daedalian Room of Building 120 from 11 a.m. to 1 p.m. All forms of financing will be discussed, and you will even have the opportunity to get prequalified for the home of your dreams. If you are interested in attending or have any questions, please call Gloria Paulfrey at 363-8397.

Vacation Bible School

Registration for the 2000 Vacation Bible School "Ark Avenue: God's Great Get Together" is underway. This exciting program is offered by the Fort MacArthur Chapel from 9 a.m. to noon, Aug. 7-11. Who's invited? Everyone between the ages of 4 through grade 4. Register before Aug. 1 by calling Valerie Hunt at 833-8344.

CFC day with Dodgers Aug. 6

The 5th Annual Federal Employees Appreciation Day At Dodger Stadium will take place Aug. 6 as the Dodgers battle the Milwaukee Brewers. Game time is 5 p.m. Deadline to buy tickets, priced at \$8 for seats in the "blue reserved" section is July 24. Call CFC coordinator, Randolph Funk at 363-6015 to purchase tickets. Parking is \$6.

SMC Career Assistance Advisor ready to serve

Tech. Sgt. Tim Dougherty
Public Affairs

Master Sgt. Martin E. Hamilton, a 19-year Air Force veteran, has been selected as the SMC Career Assistance Advisor and is eager to help airmen make informed decisions about their Air Force career.

"I'm very excited about this position because I love talking to people and love the Air Force. I think I'm well-suited for this job because I've been extremely fortunate to have worked for some excellent leaders in my career. I want to pass on my experiences and help our airmen get the most from their Air Force career," Hamilton said.

Following a retention summit held in April, Air Force leaders have approved an initiative to establish this position at each base, according to Lt. Col. Jan Middleton, chief of retention policy at the Pentagon.

"There are many airmen who are unaware of the options and benefits available to them when they are faced with the decision to reenlist, separate or transfer to the Guard or Reserve," Middleton said. "For the last couple of years, there was a lot of feedback from the field to bring back the base career advisors. When they took those positions away, the duties fell to the supervisors to counsel their folks and make sure they were aware of their benefits and options. With the increased operations tempo and the force draw down, supervisors often didn't have time to fill that void.

"So, we've decided to add a similar position. This new position is not the same as the base career advisor since the career assistance advisors will focus on more than just retention issues. The career assistance advisors' main role will be to serve as an advisor to the commanders and first line supervisors on all retention matters. We also plan for them to have a very visible role with the troops. Speaking to airmen one-on-one and in groups about the benefits of remaining in the Air Force will be critical to keeping people informed," Middleton said.

Hamilton, a combat videographer by trade, said his focus will be on helping the individual airman look at his or her career as a "big picture."

"It's important to look at your career as a whole and realize that no matter what you do, there will be some good days and some bad days. You'll have some good working relationships and some bad ones. It's my job to keep airmen informed on the benefits available with an Air Force career," Hamilton said.

One example of keeping airmen informed is the Selective Reenlistment Bonus program. "Many people might not realize the Air Force recently approved a bonus for additional career fields. This information can help me keep good people in the Air Force," Hamilton said.

Air Force officer dismissed for illegal drug use

Capt. Jesse Arnstein
Chief, Military Justice

A first lieutenant from SMC/CZ was court-martialed July 6 in the Los Angeles AFB courtroom. The officer pleaded guilty to using marijuana and was sentenced to a dismissal from the Air Force, a \$2,000 fine and a reprimand by the court-martial jury comprised of nine officers. The equivalent to a dishonorable discharge for military officers is a dismissal.

The charges arose when the accused tested positive earlier this year in March during a random urinalysis. At the time the urinalysis was given, he had already received

Hamilton said he will be very visible in his new role. If someone wants to talk to him, all they have to do is ask. But chances are, he'll be coming to see you.

"I plan to spend 75-80 percent of my time out in the field talking to people. Since I report to the vice commander, I hope the system program office directors will understand how important this program is," Hamilton said.

Hamilton will soon have an office in building 219. If you'd like to talk to him, give him a call at 363-2153.



Photo by Terri Mathis
Master Sgt. Hamilton

More jobs rate bonus

The Air Force has completed its latest review of the Selective Reenlistment Bonus program and has added four skills to the list of those eligible for a bonus.

SRBs are a key monetary incentive to encourage sufficient reenlistments in certain enlisted Air Force specialty codes to sustain career force objectives in those skills. These reviews are conducted semi-annually, normally in June and December, and involve a comprehensive review of all enlisted specialties.

The criteria used for determining which enlisted skills receive an SRB includes current and projected skill and total manning levels, reenlistment rates by SRB Zone and category of enlistment, career field force structure changes and inputs from individual functional career field managers. SRBs are authorized in 0.5 increments (or multiples) and in three reenlistment zones for personnel with between 17 months and 14 years of service.

The revised Air Force Speciality Code listing of SRB skills includes 56 Zone A (17 months to 6 years of service), 43 Zone B (6-10 years of service) and 12 Zone C (10-14 years of service) multiplier increases; 8 Zone A, 25 Zone B and 6 Zone C additions and 2 Zone A and B multiplier decreases from the previous list published in January 2000.

A total of 152 skills, or approximately three-fourths of all Air Force skills, are now eligible for an SRB in one or more zones. This is a net increase of four skills. Three Zone A and three Zone B SRBs were deleted; and 10 new AFSCs were added in either Zones A, B, C or some combination. Call your Military Personnel Flight for details.

Article 15 punishment and was undergoing administrative discharge proceedings stemming from an earlier positive result for marijuana in a random urinalysis.

Maj. Clarence Guillory, chief circuit trial counsel of the Western Circuit, and Capt. Edward Fabi from the base legal office prosecuted the case. Capt. Arthur Kirkpatrick, the Area Defense Counsel, defended the accused. Lt. Col. Robert Federico, 61st Air Base Group Staff Judge Advocate, remarked that, "The Air Force drug testing program is an extremely effective deterrent to wrongful use of illegal substances. This officer will have a federal conviction on his record. The outcome of this trial demonstrates that misconduct such as his will be taken seriously and punished accordingly."

Best kept secret: Super stuff at Thrift Shop

Season starts Sept. 7, volunteers needed to help sort, show, sell

Ronea Alger
Public Affairs Office

If you expect to cash in on some of those bargains offered at the Los Angeles AFB Thrift Shop, they're there, but you'll have to wait until Sept. 7.

"We close for a couple of months during the summer because most of our volunteers have children who are out of school and it's an opportunity for us to take vacations," said Taria Hollett, Thrift Shop manager. "We also take this time to clean and organize the shop and make necessary updates or repairs."

Customers can choose from books, luggage, golf clubs, games, toys and various clothes. Small electrical appliances are also available and are tested to ensure they work. With most items priced under \$5, "people are amazed at what you can pick up," Hollett said. "Anyone (military or civilian) who has access to the base can shop or bring items in for consignments."

Daisy Holcomb, a Thrift Shop volunteer, said she bought a terry cloth bathrobe from the shop in the 70's and she still wears it.

The Thrift Shop is normally open every Thursday from 9:30 a.m. to 2 p.m. and receives donations or consignments until noon. The shop is operated by the Officers' Spouses Club and has more than 20 volunteers who work at the shop. Volunteers donate their time sorting, labeling, helping customers and displaying merchandise, Hollett said.

"Volunteers can work as often as they wish, but most work one to two times a month," Hollett said. "We would love to have more volunteers (men or women) who are available to work at the shop. If we find enough help, we could seriously consider opening the shop more during the week."

When the shop opens Sept. 7, personnel can donate or put their items up for consignment from 9:30 a.m. to noon. Customers consigning their items must pay the Thrift Shop 25 percent of the purchase price after their items have sold. The shop will sell the merchandise for up to 12 weeks, then the individual can either retrieve it or the merchandise becomes shop property, said Hollett.



Photo by Shaad Madison

Many items are available at the Thrift Shop. Retired Lt. Col. John Williams checks out some clothes.

"The shop also offers a service to pick up items in San Pedro," said Rita Decelles, consignment shop manager. "Just call me and make an appointment to drop off or pick up the items. If the items are for consignment, we can sign a contract and do the pricing at the same time." If interested in this service, make an appointment through Decelles at 831-8315 or Hollett at 831-3151.

Only clean items in servicable condition are accepted, Decelles said. "What we want are items without stains or holes. . . something you would be willing to purchase for your family."

Thrift Shop policy specifies items not accepted such as flammable material, swimsuits, underwear, wigs, firearms/ammunition, food, any items which are dirty, soiled stained or broken, mattresses, cosmetics, hats and tires.

Since there is a limited amount of space available, sports equipment should not be consigned when the sport is out of season. Call the Thrift Shop ahead of time to donate or consign any furniture item. All sales are final.

"Sometimes, we have items that don't sell at the Thrift Shop and we donate them to the Airman's Attic at Fort MacArthur," Hollett said. "We also donate clothing to special needs programs in the local area."

The Thrift Shop has been open for more than 25 years and normally has between 200 to 300 customers every week.

"The Thrift Shop is a win-win situation," said Hollett. "We provide an outlet for those too busy to have a garage sale and provide quality pre-owned merchandise at reasonable prices. The money earned from sales goes to our scholarship fund. In fact, this year, eight graduating dependents received \$16,000 in scholarships from the Officers' Spouses Club and other benefactors."

The shop is located on the west side of Building 243, across the street from the Commissary parking lot and next door to the Class Six store in Area B.

For additional information, please call the Thrift Shop after Sept. 7 during business hours at 363-1143.

Leaders encourage airmen to 'SOAR'

Henry Bennett
Education Guidance Counselor

The Scholarships for Outstanding Airmen to Reserve Officer's Training Corps program authorizes commanders to identify certain outstanding airmen and send them off to become officers.

Airmen with less than six years of active-duty service (as of Oct. 15 of the year they are nominated), and who have at least two years remaining to complete a bachelor's degree, can be awarded two- to four-year Air Force ROTC scholarships through the SOAR program.

Selected airmen separate from active duty to accept the scholarship, which pays full tuition, fees and books and provides a nontaxable allowance of \$150 per month. Any academic field can be selected that leads to a bachelor's degree. Airmen are also authorized to use their Montgomery

GI Bill benefits in conjunction with this program if they enrolled when they came on active duty and will serve a minimum of 30 months before their actual discharge. In return, each airman must agree to accept a commission and serve on active duty for at least four years upon graduation (additional commitment may apply for those selected for aviation duty).

SOAR nominees must meet all eligibility criteria which includes a cumulative grade point average of 2.50, SAT or ACT scores if the airman has less than one year of college and an applicant must not turn 27 before Jun. 30 of the year they are projected to be commissioned if on an AFROTC scholarship. Commanders must identify outstanding airmen and the nomination packages will be completed at base level no later than Sept. 25, 2000.

Please call 363-3643 with questions and for assistance in preparing application packages and in verifying eligibility.



Photo courtesy of Los Angeles Dodgers

Dodgers honor SMC's top airman, officer
Rick Dempsey, 1983 World Series MVP and currently the bullpen coach of the Los Angeles Dodgers, stands with SMC Airman of the Year Senior Airman Eumir Arceo, 61st Communications Squadron, and Officer of the Year Capt. Jay Schatz, MILSATCOM Joint Program Office. The pair were honored by the Dodgers at a ceremony June 14 before the Dodgers game vs. the Arizona Diamondbacks.

Base to go through ECAMP evaluations

Chris Phillips
Environmental Management Office

The base will be going through an Internal Environmental Compliance Assessment and Management Program Evaluation July 24-28 to examine 13 major environmental compliance categories, or protocols, at Los Angeles AFB.

Each year Air Force installations are required to conduct ECAMP evaluations to ensure facility compliance with federal, state and local environmental laws and regulations. The primary objective of

ECAMP is to provide commanders with a comprehensive evaluation of their base's environmental programs. Additionally, ECAMP provides a mechanism to eliminate

any underlying environmental problems through root cause analysis, identification of systemic environmental problems and by forecasting future compliance requirements.

These categories include:

- Air Emission Management
- Petroleum, Oil & Lubricant (POL) Management
- Cultural Resources Management
- Solid Waste Management
- Hazardous Materials Management
- Storage Tanks Management
- Hazardous Waste Management
- Toxic Substances Management
- Natural Resources Management
- Wastewater Management
- Other Environmental Issues
- Water Quality Management



■ Pesticide Management

The Toxic Substance Management protocol includes management of polychlorinated biphenyls, asbestos, radon and lead-based paint. The Other Environmental Issues protocol considers environmental impacts, the installation restoration program, pollution prevention and program management. Each protocol will be inspected for compliance with key federal legislation in effect, state and local environmental regulations, DoD and Air Force policies.

In preparation for the assessment, the

Environmental
Engineering
Department will be conducting no notice inspections of all organizations that manage hazardous materials, generate hazardous waste,

manage air emission sources or perform any other environmentally related activity.

All organizations should ensure their readiness for the ECAMP evaluation.

ECAMP evaluations are conducted internally by base personnel on an annual basis and externally by a command-sponsored team every third year. External ECAMP team members consist of evaluators from Air Force Materiel Command headquarters, other AFMC bases and Argonne National Labs. The internal team consists of base personnel from previous ECAMP assessments, unit environmental coordinators, environmental engineering personnel and individuals who have completed the Air Force Institute of Technology ECAMP course.

For more information, please contact Chris Phillips, environmental compliance manager, at 363-3511.



Photo by Joseph Juarez

Story time is a special time at the CDC...

Staff Sgt. Tristan T. Lasmarias, NCOIC of the SMC GPS NAVSTAR JPO, Management Operations, reads to children at the base Child Development Center June 29. This event was sponsored by the Base Enlisted Association and is one of the many programs that it is involved with. Those interested in finding more information on basewide issues can go to the next BEA meeting, July 18 from 10 to 11 a.m. in Building 219, Room 1440.

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<http://www.af.mil/newspaper>

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Celebrating 4th of July at Summer Bash

This year's Summer Bash was held at Fort MacArthur July 4. Activities began with a Fun Run and Children's Parade. Later, more than 1,800 people attended a fun-filled carnival on the parade grounds with food booths, entertainment and rides. The base pool was also open all day free of charge. Over 80 volunteers led by Services made the Summer Bash an outstanding success again this year.

Photos by Teri Mathis



▲ Cotton candy might be a sticky mess, but it's always a favorite of kids, big and small.

Courtney Franklin clowns around with a tall Uncle Sam. ➤



Jaylssa Hamilton, daughter of Master Sgt. Martin Hamilton, 61st Communications Squadron, leads other children in a martial arts demonstration.



An elevated pugil stick contest pits kids vs. kids as they do battle for the unofficial title of "King of the Bash."



Base pampers spouses during appreciation day

John Ryan
Public Affairs

Over 30 military and civilian spouses had a fun-filled day at the Community Center at Fort MacArthur June 15 to commemorate Spouses Appreciation Day. The two-hour event started at 11 a.m. and was highlighted with a workshop presented by Trina O'Quinn on "How to be a couple without losing yourself."

In addition to learning about one another, spouses were able to have lunch, get free facials and massages. They received casual apparel gift certificates, boxes of

See's Candy and information on health and family issues and inquire about job opportunities with the Base Exchange.

The first Spouses Appreciation Day was designated to recognize the efforts and valuable contributions of military spouses. It also provided spouses with an opportunity to foster communication in a relaxed atmosphere.

"Everyone seemed to enjoy themselves and received information that will help them in their relationship," said Kathy Baker, Family Support Center. "It was an opportunity for spouses to pamper themselves and meet other spouses who have the same or similar lifestyles."



Photo by Shaad Madison

Cora Clearihue, an Elizabeth Arden representative, gives Christine Leister, wife of Staff Sgt. John J. Leister, 61st Air Base Group Plans and Operations, a makeover at the Spouses Appreciation Day held June 15.

Visit Korea, Japan or Seattle; cheap

Senior Airman Chance C. Babin
926th Fighter Wing Public Affairs

If you're looking for an inexpensive trip to the Orient or Seattle, you may want to look into a Space-A flight departing from Los Angeles International Airport.

"We have flights every Sunday, Monday and Thursday," said Staff Sgt. Jerry Jackson, Air Mobility Command, Det. 1, 60 Aero Port Squadron. "We fly to Korea, Japan and Seattle. We usually fly to Korea on Sundays."

"The flight to Seattle is free and we can usually accommodate about 99 percent of the time," Jackson said. "A flight to either Japan or Korea will cost \$12.40."

"Our primary mission is to move duty passengers from overseas to CONUS and vice versa, as well as space available," said Staff Sgt. Edward J. Golinski, Air Mobility Command, Det. 1, 60 Aero Port Squadron.

All flights depart and arrive out of Terminal 2 at LAX between Northwest Airlines and Alaska Airlines.

In order to sign up for a Space-A flight the member must be on leave. The request can be e-mailed, faxed or hand delivered.

The e-mail address is spacealax@travis.af.mil. The fax number is 363-2790.

For more information please contact the AMC ticket counter at 363-0714 or 363-0715.

July Departures

DATE	FLIGHT NUMBER	SPACE-A SHOWTIME	DEP TIME	DESTINATIONS
16, 23, 30	MC71	1835	2135	SEATTLE, OSAN, KADENA
17, 24, 31	MC87	2050	2350	SEATTLE, YOKOTA, IWAKUNI MISAWA
27	MC79	2030	2330	SEATTLE, YOKOTA, KADENA
20	MC79	2235	0035(21)	SEATTLE, YOKOTA

NO SCHEDULED DEPARTURES ON TUESDAY, WEDNESDAY, FRIDAY
*PASSENGERS WITH **CONFIRMED RESERVATIONS** MAY CHECK-IN UP TO 6 HOURS PRIOR TO DEPARTURE

July Arrivals

DATE	FLIGHT NUMBER	ARRIVAL TIME	ARRIVING FROM
19, 26	MC88	1350	SEATTLE, YOKOTA, IWAKUNI, MISAWA
15, 29	MC80	1535	SEATTLE, YOKOTA, KADENA
22	MC80	1250	SEATTLE, YOKOTA

NO SCHEDULED ARRIVALS ON MONDAY, TUESDAY, THURSDAY, FRIDAY, SUNDAY

SMC

Today

Got a good story? The staff of the video program, 'SMC Today', would love to hear about it. To submit story ideas for 'SMC Today', call Terry Hagar at 363-2465.

Chapel Schedule

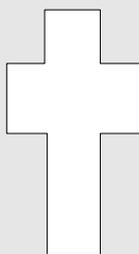
Roman Catholic

Saturday: Sacrament of Reconciliation at 3:45 p.m., Mass at 4:30 p.m.

Sunday: Mass at 9 a.m., CCD in Building 37 at 10:30 a.m.

Protestant

Sunday: Sunday School at 9 a.m., Building 37; General Protestant worship at 10:30 a.m.



All the above services are at the Fort MacArthur Chapel. Call the Chaplain Service division office at 363-1956 for more information.

The Club 363-2230

The Club will hold a barbecue every Thursday this summer in the Area A Mall. Food is served between 11 a.m. and 1 p.m. Items are priced a la carte and may include ribs, chicken, hamburgers, hot links, potato salad, corn cobbetts, baked beans, coleslaw and fresh fruit.

Every Friday the lounge is open at 4 p.m. The DJ starts playing at 5 p.m. Free snacks are available to club members.

The Barber Shop is open from 7:30 a.m. to 2:30 p.m. Monday through Friday and is located in building 120 on the lower level floor. For more information, call 363-1733.

Youth Services 363-8383

The L.A. Experience Summer Camp will run until Sept. 1 and is for children between the ages of 5 and 12 years. Kidz Korner Youth Center offers kid-friendly activities throughout the summer break. Activities include field trips, swimming, unsurpassed art creations, cooking projects, community service projects, hiking and sports events. Camp is a full-day care program, and fees are based on the annual income of both parents. Registration is open now.

Los Angeles AFB Family Member Support Flight is participating in Project 2000. Project 2000 is a collection of food and clothing items that will be donated to the community and to the homeless. The drop-off points are both Child Development Centers, the Community Center and the Youth Center.

Come on out and play some volleyball at the Teen Center Tuesday and July 25. Kids Connection (9-12 year-olds) have the court from 6 to 7 p.m., with Teen Scene (13-18 -year-olds) playing from 7 p.m.

Kids Connection and Teen Scene go to the taping of "The Amanda Show" on Friday. The group will depart the Youth Center at 2:30 p.m. and return at approximately 11 p.m. This trip is for youth 9 (in grade school) and older. Permission slips and money for dinner at McDonald's are required.

Child Development Center 363-8335

El Segundo

The El Segundo CDC preschool class goes to the Fort Mac Pool today. For more information, please contact the El Segundo CDC Front Desk.

Family Child Care – 833-8334

The Seal Beach Naval facility has openings in their Navy licensed Family Home Day Care homes. For more information, contact Kathy Richards, Family

Childcare Director, at (562) 626-7899.

LAAFB is striving to expand Family Child Care Services in homes of military and retired military members. If you are a spouse who lives either on or off base and are interested in becoming a licensed family Child Care Provider, please contact Ms. Hyechong Froschl at 363-8334 or stop by the Child Development Center on Fort MacArthur, building 31.

Providers:

Amy Gonzalez can provide child care from 7 a.m. to 5 p.m., Monday to Friday for children Ages 3 and up on a full, part time and drop-in basis. For more information, call 514-1938.

Tonya Gordinier can provide child care from 7 a.m. to 5:30 p.m. for infants and older on a full and part time basis. For more information, call 833-8294.

Terri Gregg can provide child care from 7 a.m. to 5:30 p.m., Monday to Friday for children ages 2 and up on a full, part time and drop-in basis. For more information, call 832-1099.

Johvon Tidwell can provide child care from 6 a.m. to 5 p.m., Monday to Friday for children ages 2 and up on a full, part time and drop-in basis. For more information, call 547-9762.

The above providers are the only individuals authorized to provide child care in the Fort MacArthur, Pacific Heights & Pacific Crest Areas. In accordance with Air Force Instruction 34-276, "Persons wishing to provide care for more than 10 hours per week on a regular basis in government quarters must be trained, licensed and granted approval from the Base Commander." If your child care provider is not on this list, please notify our office immediately so we can invite them to become trained and licensed through our Family Child Care office.

The Fitness Center 363-6815

Fitness Center Age Restrictions according to AFI 34-266, Air Force Fitness and Sports Programs, 1 Nov. 1999, are established to ensure a safe environment for all Fitness Center customers. Guidelines are as follows:

16 years of age and over: Unrestricted use of all Fitness Center facilities and equipment. Need not be accompanied by a parent or legal guardian.

14 and 15 years of age: Cardiovascular Equipment and Weight Rooms – Require interactive supervision from a parent, legal guardian or Youth Program staff member or coach. Other areas (basketball court, racquetball, etc.) unrestricted use.

13 years of age and under: Cardiovascular Equipment and Weight Rooms – Access to these areas prohibited. Other areas (basketball court, racquetball, etc.) require interactive supervision from parent, legal guardian or Youth Program staff member.

Fitness Challenge of the month is Stepmill. For more information, call the El Segundo Fitness Center front desk at 363-6815.

Two new sports will soon be introduced to the Fitness Center customers: **4-Man Indoor Soccer and Tri-Ball Volleyball.** Sign-ups are now being taken to determine whether the Fitness Center can run an intramural event or a tournament. For more information, please call SSgt. Ronnell Ramos or TSgt. Juan Gordovez at 363-6816.

The fitness Center offers one-on-one free individualized fitness programming. We have certified personal trainers that offer the following

services: Fitness assessments, personal fitness planning, fitness goal setting, programs to lower cholesterol, strength training, cardio-vascular training, proper use of equipment and proper lifting techniques. Individual appointments can be made by calling 363-6815 or you can ask at the front desk for a trainer during workouts.

Upcoming AF Form 303 Due Dates

Men's Soccer – due Aug. 11. Trial Camp is at Wright Patterson AFB, Ohio, Sept. 25 to Oct. 13.

Rugby – due Aug. 24. No trial camp. Armed Forces Championship is at NAS Pensacola, Fla., Oct. 8 to 15.

Swimming Pool

Fort MacArthur swimming pool is open. Hours of operation are 12 to 8 p.m., Thursday to Tuesday.

Outdoor Recreation

Camping Trailers

Hard shell camper, sleeps three, w/toilet, shower, air conditioning, stove and refrigerator is \$35 per day, minimum two days.

Pop-up camper, sleeps 7 to 8, with stove, refrigerator and air conditioning. Requires electrical brake hookup. \$35 per day, minimum two days.

Large Barbecue Pit on a trailer is \$25 per day.

Camping Packages

Family Pack is \$22 and includes a five-man tent, lantern, two-burner stove and four sleeping bags.

Outdoorsman Pack is \$18.50 and includes a three-man tent, lantern, two-burner stove, four sleeping bags and a mess kit.

Traveler's Pack is \$7.50 and includes a backpack, mess kit, sleeping bag, hatchet and sleeping mat.

Visitor's Pack is \$12 and includes a three-person tent, two sleeping bags and two air mattresses.

Tickets & Information 363-2190

San Diego Padres tickets are now available. Call or come by and ask about special order tickets to major attractions in Fla., Texas, etc.

RV Storage

For your convenience, Los Angeles AFB offers four RV storage facilities. They are located next to Bldg. 219 and 215 in Area B, next to the FamCamp in Lawndale and one at Fort MacArthur*. Storage fees are \$30 per month for RVs over 23 feet and \$20 per month for RVs under 23 feet long.

*The RV storage located at Fort MacArthur is open to active duty military personnel residing in LAAFB military housing.

FamCamp

Los Angeles AFB operates a Family Campground, or FamCamp. We have 15 hardstand units with hookups for water and electricity.

It is open year round and advanced reservations are accepted. The camp is located two miles south of LAAFB in Lawndale. Call 363-2081.

Auto Skills Center 363-1705

July's monthly special is a Brake Test for \$15 – electronically check your brakes plus side to side alignment.

